



Vegan Diet CookBook

Recommended Vegan Products



Hey there, I really love your commitment with your Vegan Lifestyle! I have to say it is a wise decision.

I know it because of my personal history...

In the coming years any synthetic pill or prescription will help people's health. That's why we have to take action today and invest in healthy eating (if it's possible in organic food) and other vegan products like vitamins and natural supplements.

Thank you for requesting your complete Vegan Diet CookBook Plan, I hope you're really taking advantage of it.

You can be sure this program is a nutritionist certificate.

But why are we giving so much quality content for free?

There are three main reasons:

1 We know in the coming years one of the best assets you can have is your health, and this can be gotten by eating in a healthy way.

2 We can do it, and that's great because we can give a little bit of help on people's health.

3 Because you can think, ok these people are giving me all this great quality stuff for free, I think they really want to help me and I can consider listening to their recommendations.

We are a team of three, Albert, Jacomin and me (Heidy)

So, scroll down to see the best and affordable vegan products on the market !

To Your Green Health,

Team :) Vegan Diet Cookbook



BENEFITS OF OUR VEGAN MAGNESIUM SUPPLEMENT

-  **Supports sleep & occasional anxiety**
-  **Boost energy**
-  **Regulates muscle function**



Love it or send it back
100% money back!





SUPPLEMENT FACTS

Serving Size: 1 Vegetable Capsule
Servings Per Container: 30

Amount per Serving	% Daily Value
Magnesium (as magnesium bisglycinate chelate buffered - magnesium bisglycinate chelate and magnesium oxide)(TRAACS™)	200 mg 48%

Other Ingredients: Hydroxypropyl methylcellulose, vegetable magnesium stearate and silicon dioxide.







ADVANCED VEGAN IRON + VITAMIN C

SUPPLEMENTAL FACTS		
Serving Size: 1 Capsule Servings Per Container: 30		
Amount per Serving		% DV*
Vitamin C (From Natural L-Ascorbic Acid) (Acerola Cherry)	50 mg	56%
Iron (Bis-Glycinate Chelate)	18 mg	100%

* Daily value are based on a 2,000 calorie diet

Other Ingredients: Vegan Capsule (cellulose), Rice Flour (Oryza Sativa). Contains no GMO's

future kind+ VEGAN IRON + VITAMIN C

DOES NOT CONTAIN ANY:





- ✖ GMOs
- ✖ Animals
- ✖ Sugar
- ✖ Gluten
- ✖ Wheat
- ✖ Yeast
- ✖ Nuts
- ✖ Soy
- ✖ Salt
- ✖ Artificial Colors or Preservatives



**future kind+
VEGAN
MULTIVITAMIN**

DOES NOT CONTAIN ANY:

- ✖ GMOs
- ✖ Animals
- ✖ Sugar
- ✖ Gluten
- ✖ Wheat
- ✖ Yeast
- ✖ Nuts
- ✖ Soy
- ✖ Salt
- ✖ Artificial Colors or Preservatives

VEGAN MULTIVITAMINS				
				
THE MULTIVITAMIN				
Specifically Formulated for Vegans & Plant-Based Diets <small>Most multivitamins contain nutrients that we don't need and some can even be harmful.</small>	✓	✓	✗	✗
Vegan Omega-3 (EPA & DHA) <small>Essential for cognitive function</small>	✓	✗	✗	✓
Vegan Vitamin D3 <small>The D3 form is associated with longevity (unlike the cheaper D2 form)</small>	✓	✗	✓	✓
Two Forms of B12 for Optimal Absorption <small>Methylcobalamin & Adenosylcobalamin</small>	✓	✗	✗	✗
100% Recycled Bottles & Packaging <small>Bottles made from 100% PCR and mailer made from old newspapers.</small>	✓	✗	✗	✗
THE COMPANY				
Supports Animal Sanctuaries	✓	✗	✗	✗

Also you can find: **Organic Vegan Protein Powder**
- Vanilla Flavored

★ **CLEAN,** ★
EASY-TO-DIGEST ★
FORMULA



Mix 1 scoop (20g) with 12oz of cold water or any plant-based drink.

Adding it to unsweetened almond milk is recommended.

Organic Vegan Protein Powder - Vanilla Flavored





ADVANCED VEGAN COLLAGEN FORMULATION

SUPPLEMENTAL FACTS		
Serving Size: 2 Vegan Capsules Servings Per Container: 30		
	Amount per Serving	% Daily Value**
Vitamin A (as Palmitate)	3000 IU	900/9009 mcg RAE: 100/100%
Vitamin C (as Ascorbic Acid)	100mg	111%
Vitamin E (from Natural source)	23 IU	103%
Folate (as Folic Acid)	235 mcg	100%
Biotin	2500 mcg	8.333%
Pantothenic acid (as d-Calcium Pantothenate)	10 mg	200%
Zinc (as Oxide)	15 mg	136%
L-Glycine	150mg	*
L-Lysine Mono HCl	150mg	*
L- Proline	100mg	*
Grape Seed Extract (Std. to 95% Proanthocyanadins)	100mg	*
Amla Extract	50mg	*
Aloe Vera Plant Extract 200:1	25mg	*
Resveratrol	10mg	*
Silica (from Bamboo Extract)	10mg	*
Bioperine®	2.5mg	*

* Daily Value not established.
** Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Vegan Capsule (Hydroxypropyl Methylcellulose), Organic Nu-Flow® (Organic Brown Rice Concentrate)

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VEGAN COLLAGEN BOOSTER
SUPPORTS HAIR, SKIN & NAILS
DIETARY SUPPLEMENT
2/DAY | 60 VEGAN CAPSULES
PROMOTES NATURAL COLLAGEN PRODUCTION

future kind+

WON'T STOP TAKING THESE

I'm so happy to have found a vegan collagen that can make such a big difference to my skin.

- Kellie W.